

## **Rackley Swim Team Relay Selection Policy and Guidelines 2019**

Rackley Swim Club has competitive swimmers across 6 Pools in Brisbane. For Brisbane Swimming Association (BSA) and Swimming Queensland (SQ) Relay events the following selection criteria and process will be followed.

### **Selection –**

- Selection to a relay team will be based on times recorded at National, State or BSA Preparation (Formally known as A grade), National school championships Meets only.
- Times swum at School meets, transition meets, or club nights are not applicable. The exception to this is for Under 10s – transition meet times will be considered for this age group.
- Times need to have been swim in 2019.
- Times used need to be swum as Long Course( As a general new SC converted times will not be used for selection unless no other times are available for all eligible candidates)
- Coach input will also be considered in selection of the team.

### **Relay Team numbers**

- For meets where there are no caps on number of teams we will select based on expression of interest and Coach input
- For meets where there is a cap on teams eg Brisbane and State Relay champs the swimmers with the fastest times will be selected

### **Confirmation**

- Selected swimmers will be advised of their selection approximately 2 weeks prior to entries closing for the Relay meet and asked to confirm acceptance of the spot on the relay team
- If a swimmer is not available for the meet they need to advise their Coach and Race Secretary As soon as possible so other swimmers can be added to the team
- Placement in Relay Team eg A, B, C teams will be decided by coaches based on times and coach input.

### **Relay Coaches**

- A head coach for relays will be appointed each season. Additionally coaches from across the Rackley pools will be assigned relay teams Categories may vary but are likely to to be :
  - Junior Male
  - Junior Female
  - Senior Male
  - Senior Female
- Coaches will make final calls in relation to team compositions.

## Relay Preparation

- There is a preparatory Training session for Relay swimmers will be conducted by Coaches.
- For the 2019 Brisbane Relay Championships on Nov 17<sup>th</sup>. The following timelines and selection dates apply
  - Week of October 28<sup>th</sup> – Initial relays selections advised based on LC times including and up to Meets on October 26/27<sup>th</sup>. Swimmers will be asked to confirm availability – swimmers who are not available need to discuss with coach.
  - November 3<sup>rd</sup> – Colmslie Transition meet – Swimmers have a chance to swim 50s at this meet and times will be used in deciding final relay team placements.
  - Friday Nov 15<sup>th</sup> – Relay training session for all selected swimmers will be held on Friday afternoon at Colmslie Pool – 4.30- 6.00. Swimmers will be presented with Relay team swim caps and team placements will be advised. This is compulsory event for all selected relays swimmers.